

Rabbi Pinney Herman, MEd

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Pinchas (Pinney) Herman is a warm and eclectic therapist who feels that people have the answers inside them and just need help with a qualified therapist to be their best selves. Pinney is trained in many different modalities and interventions that allow him to do individual, couples, and family work with equal abilities.

Pinney (and his wife Helana) are certified in Imago Marriage Therapy and have led effective workshops for years. Recently, he has added EFT interventions (emotionally focused therapy for couples) to his toolbox of meaningful relationship work.

While a Chabad Rabbi for decades, Rabbi Pinney earned his Masters in counseling and created formal and informal educational as well as recreational activities that focus on good mental health.

He has a unique and warm way of interacting with all age groups (young and not so young) and making people feel comfortable and helping them thrive.

He is also highly skilled in somatic and self regulation techniques, incorporating the meaningful link between the mind and the body for the best possible outcome.

Davidovics Therapy Group | Marcy Davidovics, LCSW