

Sheva Meyers, LMSW

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Sheva Meyers is a psychotherapist who gained her master's degree at Fordham university. She has worked extensively with teens at risk and Holocaust survivors gaining experience in trauma, anxiety, and depression but also has experience working with a wide range of culture, ages, gender, and issues. She is especially passionate about working with young women facing challenges starting careers, relationships, and making life choices. She is an empathic therapist who is skilled in creating a safe space and supportive environment to explore and work through life's difficulties. Sheva works collaboratively to create individualized treatment to best match your needs and personal obstacles. Sheva is now EFIT, IFS, and TF-CBT trained.

Davidovics Therapy Group | Marcy Davidovics, LCSW