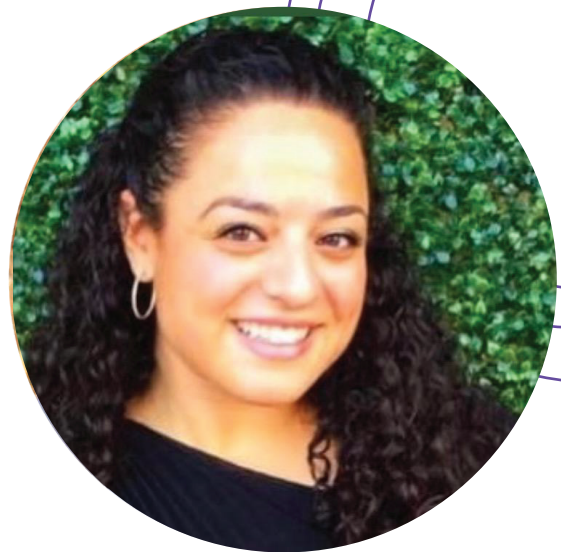


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Zehava Birman Wallace is a psychotherapist who received her MSW from Hunter College's Silberman School of Social Work. Speaking fluent Spanish, English and Hebrew, she has had the opportunity to work with people of all ages, ethnicities, cultures and religions. Having spent years working with the geriatric population, more specifically Holocaust Survivors and their family members, Zehava specializes in helping those struggling with trauma, isolation, life transitions, loss of independence, depression and anxiety. She welcomes all who walk through her door with warmth, unconditional positive regard, respect and empathy.

We all need someone to talk to, a space that is just for us. Whether you're going through a major life transition, experiencing challenges in your relationship, mourning the loss of a loved one, suffering from low self esteem, anxiety, depression or another of life's difficulties - your needs are important, your process is important and your journey is important. I am here to help you manage and work through these matters in a supportive, empathic and non judgemental space.

In order to provide a nuanced and individualized approach I use a fusion of therapeutic modalities and techniques including: cognitive behavioral therapy, trauma informed therapy, life review, psychodynamic therapy, family systems therapy and more. "The shoe that fits one person pinches another; there is no one recipe for living that suits all cases." -Carl Jung

Davidovics Therapy Group | Marcy Davidovics, LCSW